

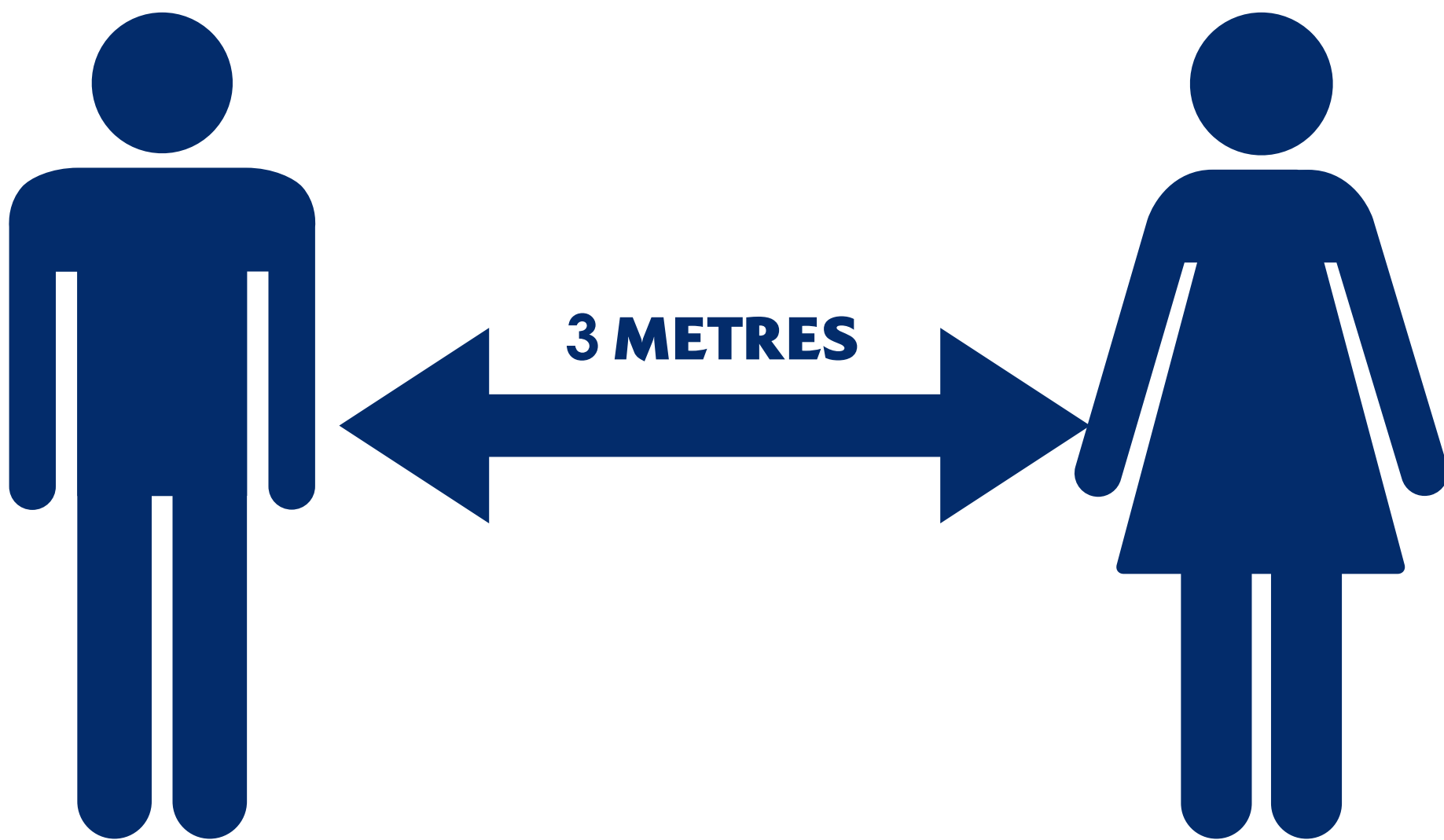


# NOTICE



## SOCIAL DISTANCING

**WE ASK THAT ALL PLAYERS, COACHES & VOLUNTEERS MAINTAIN A 3 METRE SOCIAL DISTANCE AT ALL TIMES**



Physical distancing must be maintained at all times by all participants.

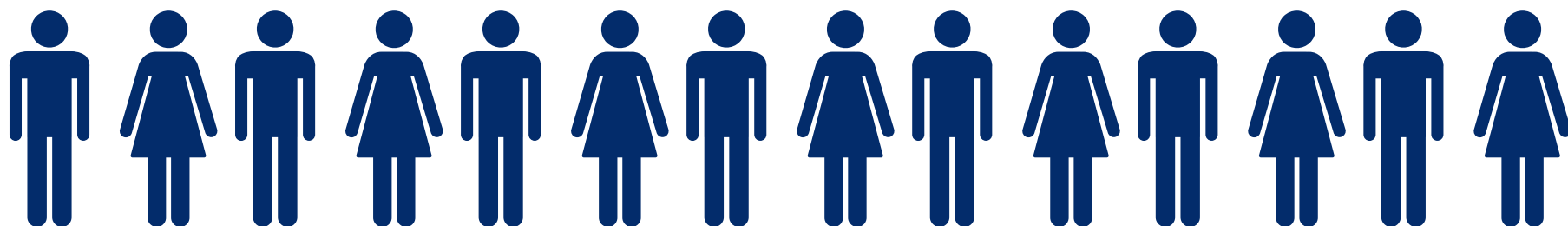


# NOTICE



## MAXIMUM GATHERING

**50 PATRONS**  
(no spectators)



**50 - THE SAME AS THE SPEED LIMIT IN KILOMETRES PER HOUR IN CANADA ON UNSPECIFIED ROADS**



# NOTICE



**TO KEEP EVERYONE SAFE, FOLLOW  
PROVINCIAL HEALTH ORDERS.**

**BE HONEST & UPFRONT ABOUT HAVING  
ANY SYMPTOMS OF COVID-19.**



**STAY  
HOME**

**BE KIND, BE CALM & BE SAFE**  
DR. BONNIE HENRY



# NOTICE



## ACTIVITY TIME

**ALL RUGBY ACTIVITY MUST TAKE PLACE OUTSIDE AND  
LAST NO LONGER THAN 60 MINS ON THE FIELD**



**FUN FACT: The most rugby passes by a team in one hour is 4,008  
by Waipu Rugby Club (New Zealand), on 27 Feb 2016.**



# NOTICE



## **DISINFECT RUGBY BALLS BEFORE, DURING & AFTER ACTIVITY.**

**“Soapy water kills the bacteria so standard hand soap based products are perfectly adequate”**

**World Rugby’s Chief Medical Officer Eanna Falvey**



**World Rugby confirm that Gilbert’s current advise is adequate however, players should be reminded that hand hygiene is also important part of this process.**